



SCHOOL PROGRAM

JUNE CELEBRATION

guide

BE OLYMPIC Be Active!

THE MONTH OF JUNE IS FILLED WITH MUCH EXCITEMENT!

Summer is quickly approaching, the school year is coming to an end and there are many celebration days for teachers and students to honour in their classrooms.

The Canadian Olympic School Program (COSP) is pleased to share with educators and parents a Celebration Guide and accompanying Calendar to keep the celebration going all month long.

The theme for the month of June 2022 is to inspire children and youth to get physically active: **Be Olympic...Be Active.** The following initiatives will encourage students to discover new movements, get back into sport and learn about days of celebration and pride.



CANADIAN TIRE CHARITIES JUMPSTART MONTH



Jumpstart Bon départ

As grassroots sport organizations slowly begin to reopen their doors and welcome kids back to their operations, Jumpstart is committed to helping guide the recovery of organized sport and play across Canada, while also ensuring to build a more inclusive and equitable game for all kids. For the first time in three years, Jumpstart is excited to be bringing back Jumpstart Month in June 2022 to help bring back youth sport and play for kids across Canada.

How to celebrate?

Download the [June Celebration Calendar](#) featuring daily activities that will encourage and motivate children and youth to be active daily. They will discover over 10 sports with the Canadian Olympic Activity Challenge, while moving for at least 30 minutes with activities from Jumpstart and learning about the Olympic Values of friendship, excellence and respect. Click on each sport or activity to access the free lesson plan.

PRIDE MONTH



In June, many communities celebrate Pride Month to celebrate the LGBTQI2S+ communities, acknowledge their challenges and the progress that has been made. The Canadian Olympic Committee (COC) strongly believes that creating safer and more inclusive environments helps ensure that all students, athletes, spectators, and coaches can be who they are and enjoy their love of sport.

How to celebrate?

Download the resources from the [One Team program](#), developed in conjunction with Eagle Canada and You Can Play. The One Team program aims at developing resources to promote LGBTQ+ inclusion and respect in schools and sport throughout the country.

NATIONAL HEALTH AND FITNESS DAY



National Health and Fitness Day (NHFD) is an initiative to make Canada “the fittest nation in the world”, starting with the first Saturday in June as the day when Canadians get out and get active.

How to celebrate?

Join the [#Showusyourmoves](#) campaign organized by the National Health and Fitness Foundation. Learn how you can celebrate with your classroom at www.showyourmoves.ca.

NATIONAL INDIGENOUS HISTORY MONTH



June is officially National Indigenous History Month in Canada. For teachers and parents this is an opportunity to honour the history, culture and heritage of the First Nation, Inuit and Métis communities by learning and sharing stories with kids and youth.

How to celebrate?

Imagine a Canada, a program developed by the National Centre for Truth and Reconciliation (NCTR), asks students from Kindergarten to Grade 12 to submit a project to express their vision of a reconciled Canada or a plan to address Reconciliation in their community or school. Chosen projects receive funding and leadership training from Elders, Survivors and Knowledge Keepers. A National Celebration is held at the end of the school year to honour the projects. [Join the National Celebration on June 10, 2022](#) and get your students ready for Imagine a Canada 2022-2023!

NATIONAL INDIGENOUS PEOPLES DAY



Every June 21st National Indigenous Peoples Day is celebrated to acknowledge the values, traditions and history of First Nations, Inuit and Métis peoples and communities. This date acts as a symbolic day for its proximity to the summer solstice.

How to celebrate?

There are different ways that you can celebrate with Indigenous communities, like learning about Indigenous history, learning Indigenous languages in your area or listening to music by Indigenous musicians. Videos developed for educators and students by the National Centre for Truth and Reconciliation (NCTR) are available online for free - a great resource to share in your classroom. [Check out the video library](#).

OLYMPIC DAY



Celebrated annually on June 23, Olympic Day is celebrated all around the world. Based on the four pillars of move, learn, discover and together for a better world, initiatives are developed to encourage people to get together, be active, learn about the Olympic values and discover new sports.

How to celebrate?

[Download Komak's colouring book!](#) Kids and youth will join Komak, Team Canada's mascot, on a journey to discover and try new sports.

