

# BRAVE IS UNBEATABLE



ANDRE DE GRASSE, ATHLETICS



DIFUSEUR OFFICIEL CANADIEN  
CANADA'S OLYMPIC NETWORK

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# “THIS IS ANDRE DE GRASSE MEMBER OF TEAM CANADA. 🍁

When you see me on the Olympic stage, I’m a 6-time medallist on the track. What you don’t see is all the doubt that goes on behind the scenes, including my own self-doubt. Throughout my career, when I’ve experienced injuries and setbacks, I used to question whether I could still compete against the world’s best. But my belief in myself is stronger than any doubt I’ve ever faced. My determination has made me resilient throughout my career, and that resiliency helps me push through all the adversity. As I prepare for the Olympic Games in Paris, I’m staying true to my belief that I can accomplish anything I set my mind to.”



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